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Test Bank Questions

Chapter 1: Exploring the Growth of Nursing as a Profession

1. A nursing student is reading about military influences that brought about significant changes in nursing. Place these influential events in order of occurrence? **All options must be used.**
 - A) Administration of smallpox vaccinations
 - B) GI Bill enacted
 - C) Development of The Red Cross
 - D) Invention of ambulances
2. The nurse is conducting an in-service that describes the primary difference between nursing and medicine. Which **priority** concept should be included?
 - A) Caring framework
 - B) Professional opportunities
 - C) Degree of specialization
 - D) Curative treatment
3. Which **priority** information should be included during an in-service about the legal definition of nursing?
 - A) Provides foundation and guidelines for practice
 - B) Identifies approved nursing frameworks
 - C) Outlines major criteria for a profession
 - D) Governs collective bargaining
4. The nursing student is researching the current nursing shortage. Which factors should be included? **Select all that apply.**
 - A) Retention
 - B) Work environment
 - C) Baby boomers
 - D) Number of males in profession
 - E) Increased clinical space
5. Which factors describe characteristics of early nursing schools around the turn of the century? **Select all that apply.**
 - A) Promoted religious image of the nurse
 - B) Largely considered an apprenticeship
 - C) Lacked standardized curriculum
 - D) Students commuted long distances

- E) Attrition rate was low
6. Florence Nightingale changed the approach to public health measures. Which public health measures were instrumental in improving health during the late 1800s? **Select all that apply.**
- A) Basic hygiene
 - B) Constructing hospitals
 - C) Wholesome food
 - D) Recording health statistics
 - E) Nursing education
7. Which statement accurately describes the development of a definition for the term *nursing*?
- A) Nurses cannot agree on a single definition of nursing.
 - B) Researchers can pinpoint the period in history when nursing first evolved.
 - C) Nursing is pursued primarily through theoretical concepts.
 - D) A clear distinction is made between nursing and medicine.
8. Which factors influence the need for a special and unique language for the nursing profession? **Select all that apply.**
- A) Evidence-based decision-making
 - B) Guide clinical decisions
 - C) Manage information
 - D) Historical data
 - E) Cost of data storage
9. Which skill is **most** essential and needed for successful nursing performance?
- A) Critical thinking
 - B) Autonomy
 - C) Understanding of nursing theory
 - D) Recognition of prescriptive authority
10. Which of these characteristics identify nursing as a profession when applied to sociologic literature? **Select all that apply.**
- A) Educational preparation
 - B) Code of ethics
 - C) Service to the public
 - D) Prescriptive authority
 - E) Stress and burnout

Test Bank Answer Key

Chapter 1: Exploring the Growth of Nursing as a Profession

1. **A, D, C, B.** The American Revolution saw the development of dispensaries with the Philadelphia dispensary being the first place to vaccinate against small pox as preventative medicine. The Civil War saw the invention of ambulances and was instrumental in the development of nursing. The Red Cross was born during the Spanish–American War. The GI bill came into existence at the end of World War II and made it possible for many nurses to enter bachelor’s and master’s degree programs after serving with the military.

Format: Ordered Response

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 13, The Military Influence

2. **A.** Nursing is concerned with caring for the person from a holistic perspective in a variety of health-related situations. The caring aspects of nursing are well documented in nursing literature. We think of medicine as being involved with the cure of a client and nursing with the care of that client. Professional opportunities and degree of specialization are not priority concepts in this scenario.

Format: Multiple Choice

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Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 15, Distinguishing Nursing From Medicine

3. **A.** Perhaps nothing so affects the definition of nursing as its legal definition found in each state’s nursing practice act. This legal definition is critical because it provides the foundation and guidelines for education, licensure, scope of practice, and, when necessary, the corrective actions against people who violate the practice act. The legal definition does not identify nursing frameworks or outline the criteria for a profession. Collective bargaining is not mentioned in the legal definition of nursing.

Format: Multiple Choice

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Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Communication and Documentation

Page and Header: 16, Influences on the Definition of Nursing

4. **A, B, C.** Another aspect of any nursing shortage is the retention of current nurses. Some states have identified that there are a large number of RNs not currently working in the profession. Many experts have pointed to working conditions such as mandatory overtime, heavy workloads, and lack of respect in the workplace as reasons for people leaving. Another concern centers on the fact that members of the baby boom generation are beginning to enter their senior years, thus increasing the need for nurses in the healthcare system. The percentage of male nurses has increased, but this is not a cause for concern in the nursing shortage. Limited clinical space (not increasing clinical space) is one cause for the nurse shortage.

Format: Multiple Selection

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Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 27, Nursing's Image and the Nursing Shortage

5. **A, B, C.** Nursing students were expected to be unselfish, thinking not of themselves but of the happiness and well-being of others. This aligns with the traditional "religious image" of the nurse. Initially, nursing education was largely an apprenticeship, resulting in students providing a significant portion of the hospital workforce. There was no standardization of curriculum and no accreditation. Although some of the early programs provided sleeping quarters in the hospital, nursing students were usually housed in a building adjacent to the hospital. The attrition rate was high in the early schools.

Format: Multiple Selection

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 12, Characteristics of the Early Schools

6. **A, B, C.** When the war ended in 1856, Florence Nightingale returned to England as a national heroine. Her next major project involved working to change the entire approach to health for the British soldier. These activities included constructing hospitals and improving basic hygiene and public health measures for the army. Her focus was on providing cleanliness, wholesome food, fresh air,

and separation of people from garbage and sewage both for living environments and for hospital construction. These simple public health measures were revolutionary in the late 1800s.

Format: Multiple Selection

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Nursing Process

Page and Header: 6, The Nightingale Influence

7. **A.** Over the years, the profession has worked at establishing a definition of nursing; however, nurses themselves cannot agree on a single definition. There is no particular date or time period when nursing came into being. A major factor that has made it difficult to define nursing is that it is taught as encompassing both theoretic and practical aspects, but it is pursued (and continues to be defined) primarily through practice (not theory) until recently a little-studied area. The formulation of clear and concise definitions of nursing also has been hindered by the lack of an obvious distinction between nursing and medicine.

Format: Multiple Choice

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 14, Developing a Definition for Nursing

8. **A, B, C.** For many, the development of a special language for nursing is an exciting new development. Structured nursing vocabularies allow nurses to use the acquired information to guide evidence-based clinical decisions, manage information in an electronic format, retrieve information for research, and compare clinical outcomes across settings. It also provides a common means of communication. Historical data and cost are not influential factors in the development of specialized nursing language.

Format: Multiple Selection

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 32, Defining a Language for Nursing

9. **A.** Critical thinking skills are essential to the successful performance of the diverse tasks expected of a nurse. Nurses in many positions have been required

to assume ever-greater levels of responsibility. Although autonomy, an understanding of nursing theory, and recognition of prescriptive authority are important skills for nursing, appropriate client care is dependent on the nurse's ability to use critical thinking. Only recently are nurses beginning to receive the official authority, autonomy, and recognition that should accompany those responsibilities.

Format: Multiple Choice

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 16, Influences on the Definition of Nursing

10. **A, B, C.** From approximately the 1950s through the 1970s or mid-1980s, nursing periodically was reviewed against the characteristics of a profession that had been established in the sociologic literature. Nursing programs are offered in universities and colleges; the *ANA Code of Ethics* sets standards of ethical nursing practice; there is no question that the nursing profession provides a service to the public, which was identified by Nightingale. This set of characteristics corresponds to those being used by the American Association of Colleges of Nursing (AACN) when they refer to "professional" nursing as requiring a baccalaureate degree in nursing or higher. Prescriptive authority is not a criterion for the profession. Stress and burnout are symptoms but do not define characteristics of professional nursing.

Format: Multiple Selection

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Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Integrated Process: Teaching/Learning

Page and Header: 19, Characteristics of a Profession